

Cambridge International AS & A Level

PSYCHOLOGY 9990/33

Paper 3 Specialist Options: Theory

May/June 2021

1 hour 30 minutes

You must answer on the enclosed answer booklet.

You will need: Answer booklet (enclosed)

INSTRUCTIONS

Answer four questions in total:

Answer questions from two options.

For each chosen option, answer all questions.

• Follow the instructions on the front cover of the answer booklet. If you need additional answer paper, ask the invigilator for a continuation booklet.

INFORMATION

- The total mark for this paper is 60.
- The number of marks for each question or part question is shown in brackets [].



[10]

Psychology and abnormality

Answer all questions.

1 (a) Explain what is meant by 'systematic desensitisation'. [2] **(b)** Describe the cognitive explanation of phobias. [4] (c) Explain two strengths of the cognitive explanation of phobias. [6] 2 (a) Describe the treatment and management of obsessive-compulsive and related disorders. [8] **(b)** Evaluate the treatment and management of obsessive-compulsive and related disorders. including a discussion about determinism versus free-will. [10] Psychology and consumer behaviour Answer all questions. 3 [2] (a) Explain what is meant by 'effective slogans' in advertising. (b) Describe the study by Fischer et al. (1991) on brand recognition in advertising. [4] (c) Discuss the use of children as participants in the study by Fischer et al. [6] (a) Describe what psychologists have discovered about intuitive thinking and its imperfections in 4 consumer decision-making (thinking fast and thinking slow, choice blindness, advertising and false memory).

(b) Evaluate what psychologists have discovered about intuitive thinking and its imperfections in consumer decision-making (thinking fast and thinking slow, choice blindness, advertising and

false memory), including a discussion of practical applications.

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Psychology and health

Answer all questions.

5 (a) Explain what is meant by 'psychogenic pain'. [2] **(b)** Describe cognitive redefinition as a technique for managing pain. [4] (c) Explain one similarity and one difference between cognitive redefinition and biochemical techniques for managing pain. [6] 6 (a) Describe what psychologists have discovered about measuring non-adherence to medical advice. (b) Evaluate what psychologists have discovered about measuring non-adherence to medical advice, including a discussion about self-reports. [10] Psychology and organisations Answer all questions. 7 (a) McClelland proposed the theory of achievement motivation which included three types of needs. Identify **two** of these needs, other than the need for achievement. [2] **(b)** Describe how equity theory (Adams, 1963) explains motivation at work. [4] [6] **(c)** Explain **one** strength and **one** weakness of equity theory. 8 (a) Describe what psychologists have discovered about leaders and followers in organisations (leader-member exchange model/individualised leadership model, followership, measuring leadership). [8] (b) Evaluate what psychologists have discovered about leaders and followers in organisations (leader-member exchange model/individualised leadership model, followership, measuring leadership), including a discussion on reductionism versus holism. [10]

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